

OUR MENU WEEK 1

YOUNG BABIES WILL BE OFFERED SUITABLE MEALS TO SUIT THEIR STAGE OF DEVELOPMENT.
SPECIAL DIETS WILL BE CATERED FOR AS FAR AS POSSIBLE. PLEASE SPEAK TO A STAFF MEMBER IF YOU HAVE ANY CONCERNS.
BREAKFASTS WILL BE A CHOICE OF CEREALS AND TOAST/BAGELS/CROISSANTS/BRIOCHE

	BREAKFAST	AM SNACK	LUNCH	WEANING BABIES	DESSERT	PM SNACK	TEA	DESSERT	EVE SNACK
MON	Cereals, brioche Croissants, Wholemeal toast, Bagels, etc.	Rice cakes, plums Milk and water	Sausage and baked bean casserole, Colcannon mash. Quorn sausage	Cauliflower, broccoli, potato puree, fruit	Fromage Frais	MIX OF FRUIT VEG STICKS Milk and water	Tuna, sweetcorn wholemeal rolls Babies - tuna pasta bake	Pineapple and Kiwi Pureed for babies	Fig Rolls and milk
TUE		Large oranges sliced peel on Milk and water	Chicken and chick pea curry with brown vegetable rice. Babies - chicken casserole Quorn chunks	Chick pea, vegetable puree	Homemade jelly	Milk and water	Cracker bread, cheese chunks, red peppers Babies - sausage, baked bean casserole, mash	Yogurt	Bananas
WED		Raisins. pear Milk and water	Roast pork, roast pots, spinach/kale/apple mix, Rich onion gravy Quorn	Spinach, kale, apple, potato, puree	Yogurts	Milk and water	Spanish omelette, red and green pepper slices Babies - chicken casserole	Honeydew melon Pureed for babies	Breadsticks
THUR		Bananas Milk and water	Spanish Meatballs, in sauce, peas and carrots and spaghetti Veggie meatballs	Pea and carrot spaghetti puree	Fromage Frais	Milk and water	Pizza and cucumber sticks Pork, spinach, kale and apple and peas	Dates and apple Pureed for babies	Malt loaf and butter
FRI		Cracker bread with Laughing Cow or Dairy Lea Milk and water	Cod in cheese sauce, carrot and swede mash and broccoli Quorn Fillets	Carrot and swede Puree	Nectarines Pureed for babies	Milk and water	Turkey/Quorn sandwiches. Green pepper, celery sticks Babies- Meatballs, spaghetti, veg	Pears and pineapple Pureed for babies	Apples, digestive biscuits

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	BREAKFAST	AM SNACK	LUNCH	WEANING BABIES	DESSERT	PM SNACK	TEA	DESSERT	EVE SNACK
MON	Cereals, Croissants Wholemeal Toast Bagels, Brioche Etc.	Rice cakes, plums Milk and water	Ham carbonara, sweetcorn Quorn ham	Potato, peas, courgette puree	Watermelon Pureed for babies	MIX OF FRUIT AND VEG STICKS Milk and water	Popcorn chicken cherry tomatoes Babies - Cod in cheese sauce, pie with veg	Apples Pureed for babies	Fig Rolls and milk
TUE		Large oranges sliced peel on Milk and water	Beef, onion pie Baby carrots sweet potato mash Sweet potato, butternut squash pie	Sweetcorn, carrot , pasta, sauce puree	Yogurt	Milk and water	Crackers, diced ham, chicken, carrot sticks Babies - ham carbonara,, sweetcorn pasta	Yogurt	Banana
WED		Raisins. pear Milk and water	Chicken chow mein Mushroom chow mein	Broccoli, butternut squash puree	Honeydew melon mashed for babies	Milk and water	Buttered banana loaf Babies - Beef and onion pie, veg	Apple Pureed for babies	Breadsticks
THUR		Bananas Milk and water	Creamy salmon Macaroni bake, peas. Mushroom macaroni bake	Rice, mixed veg, sauce puree	Fromage frais	Milk and water	Homemade pizza, salad Babies -chicken casserole, , veg	Dates and pears Pureed for babies	Malt loaf and butter
FRI		Cracker bread with Laughing Cow or Dairylea Milk and water	Vegetable Lasagne, sweetcorn salad	Mixed roast vegetable puree	Natural yogurt, honey No honey for babies	Milk and water	Salmon and cucumber sandwiches salmon macaroni bake, veg	Pears and pineapple Pureed for babies	Apples, digestives milk

OUR MENU WEEK 3

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	BREAKFAST	AM SNACK	LUNCH	WEANING BABIES	DESSERT	PM SNACK	TEA	DESSERT	EVE SNACK
MON	CEREALS, CROISSANTS WHOLEMEAL TOAST BAGELS, BRIOCHE etc.	Rice cakes, plums Milk and water	Mixed bean/cowboy chilli nachos	Potato, peas, courgette puree	Kiwi and bananas Pureed for babies	MIX OF FRUIT, VEG STICKS Milk and water	Herby Chicken goujons dips, cucumber Babies - Lasagne	Fromage Frais	Fig Rolls and milk
TUE		Large oranges sliced peel on Milk and water	Smoked haddock mornay, green beans, potato croquettes Veggie mince	Sweetcorn, carrot , pasta , sauce puree	Tinned apricots Pureed for babies	Milk and water	Homemade Tomato soup, cheesy breadsticks Babies - Tomato, Veg pasta bake	Yogurt	Banana
WED		Raisins. pear Milk and water	Korean pork, red pepper casserole, mash potatoes Quorn chunks	Broccoli, butternut squash puree	Fromage frais	Milk and water	Ham/Qourn ham, tom finger rolls Babies - Smoked haddock mornay, veg	Honeydew melon Pureed for babies	Breadsticks
THUR		Bananas Milk and water	Creamy chicken, mushroom, risotto carrots, peas Mushroom risotto	Rice, mixed veg, sauce puree	Yogurt	Milk and water	Vegetable spring rolls Babies - Pork casserole	Dates and apple Pureed for babies	Malt loaf and butter
FRI		Cracker bread with Laughing Cow or Dairylea Milk and water	Green bean, broccoli, cheesy pasta bake	Mixed roast vegetable puree	Greek yogurt and honey	Milk and water	Samosas, yogurt dip, mixed salad Babies - Risotto	Pears and pineapple Pureed for babies	Apples, digestive biscuits

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MON	Cereals, Croissants Wholemeal Toast Bagels, Brioche etc.	Rice cakes, plums Milk and water	Cheese and potato pie and baked beans (reduced salt, sugar)	Herby pureed vegetable puree	Pineapple and kiwis Pureed for babies	Mix Of Fruit And Veg Sticks Milk and water	Potato wedges, hummus , cherry toms Babies- Green bean pasta bake	Fromage frais	Fig Rolls and milk
TUE		Large oranges sliced peel on Milk and water	Chicken and sweetcorn pie and broccoli, boiled potatoes	Broccoli, potato puree	Lemon curd yogurt fool	Milk and water	Cheese, tomato pizza, celery, carrot sticks Babies - Cheese, pot pie, baked beans	Cantaloupe melon Pureed for babies	Bananas
WED		Raisins. pear Milk and water	Tuna and tomato pasta bake roasted green and red peppers	Mixed veg, pearl barley puree	Pear and banana Pureed for babies	Milk and water	Courgette, potato, cheddar soup, bread Babies Chick, sweetcorn pie, broccoli	Yogurt	Breadsticks and milk
THUR		Bananas Milk and water	Sweet and sour pork, egg fried rice Quorn chunks	Noodles, red pepper cauliflower puree	Fromage frais	Milk and water	Quorn burgers, h/m tomato relish Babies - Tuna pasta bake, veg	Dates and apple Pureed for babies	Malt loaf and butter
FRI		Cracker bread with Laughing Cow or Dairylea Milk and water	Paneer, potato and spinach curry, Pilau rice	Potato, spinach, peas puree	Angel Delight	Milk and water	Egg/cress sandwiches Snack a Jacks Babies- Pork casserole with rice	Pears and pineapple Pureed for babies	Apples, digestive biscuits, milk

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MON	CEREALS, CROISSANTS WHOLEMEAL TOAST BAGELS, BRIOCHE etc.	Rice cakes, pear Milk and water	Sausage casserole, savoy cabbage, mash Veggie sausage	Pasta, peas, s/corn, sauce puree	Tinned peaches Pureed for babies	MIX OF FRUIT AND VEG STICKS Milk, water	Cheese, crackers, Cucumber Apple slices Babies - Shepherd's Pie	Fromage frais	Fig Rolls and milk
TUE		Large oranges sliced peel on Milk and water	Spaghetti bolognaise Veggie mince	Rice, vegetable, sauce puree	Red Fruit Yogurt fool	Milk and water	Salmon, sweetcorn. mayonnaise sandwiches Babies- sausage casserole, mash	Plums Pureed for babies	Bananas
WED		Raisins. pear Milk and water	Roast beef, roast potatoes, green beans, carrots Yorkshire puds Quorn slices	Cabbage, lentil, cauliflower puree	Fromage frais	Milk and water	Popcorn chicken, rainbow peppers Babies - Spag bolognaise	Water Melon Pureed for babies	Breadsticks
THUR		Bananas Milk and water	Thai green chicken curry, egg fried rice Quorn chunks	Swede, potato, bean puree	Yogurt	Milk and water	Lamb koftas, grated carrot. Falafel Mayonnaise Babies - Roast beef dinner, veg	Dates and apple Pureed for babies	Malt loaf and butter
FRI		Cracker bread Laughing Cow or Dairylea Milk and water	Fish fingers, homemade chips, mushy peas Quorn fish fingers	beans, broccoli Butternut squash, puree	Nectarines, banana Pureed for babies	Milk and water	Sausage or cheese rolls tomatoes Babies - Chicken casserole, veg	Pears and pineapple Pureed for babies	Apples, digestive biscuits

